



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493
P-ISSN: 2616-4485
www.homoeopathicjournal.com
IJHS 2024; 8(3): 37-39
Received: 20-06-2024
Accepted: 21-07-2024

Dr. Asok Kumar Konar
DMS, DIP.N.I.H, Professor,
(Govt of India), M.D. (Hom.)
Formerly: Associate Professor,
NIH, Government of India,
Professor, Metropolitan
Homoeopathic Medical College
and Hospital, West Bengal,
India

Dr. Dwipanjali Debnath
BHMS (HONS.), Metropolitan
Homoeopathic Medical College
and Hospital, West Bengal,
India

Corresponding Author:
Dr. Asok Kumar Konar
DMS, DIP.N.I.H, Professor,
(Govt of India), M.D.(Hom.)
Formerly: Associate Professor,
NIH, Government of India,
Professor, Metropolitan
Homoeopathic Medical College
and Hospital, West Bengal,
India

A case report on ophiasis areata treated with homoeopathy

Dr. Asok Kumar Konar and Dr. Dwipanjali Debnath

DOI: <https://doi.org/10.33545/26164485.2024.v8.i3a.1194>

Abstract

Alopecia is excessive fall of hair or loss of hair in bunches from a particular area of head or beard. Hair loss is the commonest problem affecting every other person around us. It's typical to lose between 50 and 100 hairs a day, according to the American Academy of Dermatology (AAD). With about 100,000 hairs on your head, that small loss isn't noticeable. New hair normally replaces the lost hair, but this doesn't always happen. Though It's more prevalent in older ages but anyone can experienced it even children. People talks about it but they do not know how to tackle with it.

This is a Case report of 12 yrs old girl presented with patch loss of hair on the parietal region of scalp. The size of patch is increasing with time. According to clinical manifestation and pattern of hair loss, it was diagnosed as a case of Ophiasis areata. In the beginning Patient noticed hair fall while combing since 5-6 months. Loss of hair started from a small spot and then it is increasing in size. Prescription was done on the basis of case taking totality of symptoms and repertorisation through Kent repertory total addition method.

Abbreviations: OD-once a day

Keywords: Alopecia, Ophiasis areata, Homoeopathy, Repertory

Introduction

Ophiasis is a form of alopecia areata characterized by the loss of hair in the shape of a wave at the circumference of the head.

It gets its name from Greek ὄφις *ophis* 'snake' because of the apparent similarity to a snake-shape and the pattern of hair loss.

The term "sisaipho" is used to characterize the inverse pattern. Sisaipho is, almost, the reverse spelling of ophiasis. It is also called "ophiasis inversus".

This form of hair loss "...Targets the body's own hair follicles, resulting in hair loss..." and although the immune system could be attacking hair follicle melanocytes, dermal papilla cells, and keratinocytes", the foundational cause of this disease is yet to be confirmed.

Pattern of hair loss

This is one among many types of patterns of hair loss, "in which they have band-link hair loss across the occiput. Hair loss can take the form of patches of hair being removed and there can also be spontaneous regrowth as well.

Types

Alopecia areata totalis means none've lost all the hair on your head.

Alopecia areata universalis is the loss of hair over entire body

Diffuse alopecia areata is a sudden thinning of one's hair rather than lost patches.

Ophiasis alopecia areata causes hair loss in a band shape around the sides and back of one's head.

Causes

It is an autoimmune disease

Hereditary

Trigger Factor-Bacteria, virus and fungi

Medication

Present Complaints

A patient of 12 yrs old girl presented with patch loss of hair on the parietal region of scalp on 12/06/23
The size of patch is increasing with time
She has a tendency to catch cold easily

History of present complaints

Patient noticed hair fall while combing since 5-6 months
.loss of hair started from a small spot and then it is increasing in size.

Past illness

Chicken pox at the age of 5 yrs.

Family History

Grandfather (Maternal)-Cancer
Grandfather (Paternal)-Cancer

Generalities

Thermal relation: Chilly

Desire: Meat, salt, Cold Milk, cold food++, cold drinks remain in winter season, spicy food, fruits

Tongue: Clean

Aversion: Hot Milk, Sweet

Appetite: Excessive, knows not for what

Thirst: Profuse

Stool: Offensive, hard

Urine: Clear

Perspiration: Profuse on palm and sole, head

Sleep: Sound

Position of side: Prefers lying on the right side

Dream: Animal

Nail: White spots on nail

Mind

Intelligent

Fear of thunderstorm

Anger+

desire company

Aversion to darkness

Desire for open air

Repertorisation

Skin-Hair--Falls out

Mind-ideas abundant, clearness of mind

Stomach, appetite, capricious

Perspiration-profuse

Stool-odor-offensive

Stomach-Desire-meat

Stomach-desire-milk-Cold

Generalities-cold tendency-to take

Repertorial Analysis

← Repertorisation					
Symptoms: 7 Remedies: 212 Applied Filter					
Remedy Name	Tub	Phos	Bry	Graph	Sulph
Totality / Symptom Covered	13 / 6	12 / 6	11 / 4	9 / 5	9 / 5
[Kent] [Skin]Hair :Falls out (see regions): (16)		1		2	1
[Kent] [Mind]Ideas:Abundant, clearness of mind: (89)	2	3	2	1	2
[Kent] [Stomach]Appetite:Capricious (hunger,but knows not for what, or refuses t...	2	2	3		
[Kent] [Stool]Odour:Offensive: (135)	3	2	3	3	3

Prescription: Tuberculinum 200, OD x 1 day.



Follow up**2nd visit**

Date: 14/07/2023, Hair falling is diminished and new hair start growing.

Medicine prescribe: Placebo 200, OD x 7 days

3rd Visit

Date: 16/09/2023, hair growing is not improving much

Medicine prescribe: Carcinosin 200, OD x 1 day

**4th visit**

Date: 1/11/2023, hair grows on the parietal and frontal region

Medicine given: Placebo 200, OD x 7 days

**5th Visit**

Date - 2/12/23, hair grows left on the vertex region

Medicine given-Phosphorus 0/1, OD x 1 day

Conclusion

Selection of remedy is done according to the symptom similarity, basis on the principle of homoeopathy, and it proved to be effective in case of alopecia areata and showed good improvement.

References

1. Healthline. Alopecia Areata. Retrieved from <https://www.healthline.com/health/alopecia-areata>.
2. National Alopecia Areata Foundation. Types of Alopecia Areata. Retrieved from <https://www.naaf.org/alopecia-areata/types-of-alopecia-areata/>.
3. WebMD. Alopecia Areata. Retrieved from <https://www.webmd.com/skin-problems-and-treatments/alopecia-areata>.
4. American Academy of Dermatology. Alopecia Areata. Retrieved from <https://www.aad.org/public/diseases/hair-loss/types/alopecia>.
5. National Institute of Arthritis and Musculoskeletal and Skin Diseases. Alopecia Areata. Retrieved from <https://www.niams.nih.gov/health-topics/alopecia-areata>.
6. Wikipedia. Alopecia Areata. Retrieved from https://en.wikipedia.org/wiki/Alopecia_areata.
7. Rapini RP, Bologna JL, Jorizzo JL. Dermatology: 2-Volume Set. St. Louis: Mosby; 2007. ISBN 978-1-4160-2999-1.
8. Derma Case. Archived from the original on 2012-03-24. Retrieved 2007-12-03.
9. Definition: ophiasis from Online Medical Dictionary. Retrieved 2007-12-03.
10. E-Medicine. Alopecia Areata: Article by Chantal Bolduc, MD, FRCPC. Retrieved 2007-12-03.
11. Muñoz-Pérez MA, Camacho FM. Sisaipho. Why ophiasis inversus?. *Pediatr Dermatol*. 1999;16(1):76. DOI: 10.1046/j.1525-1470.1999.016001076.x. PMID 10028012. S2CID 39199456.
12. Khan P, Beigi M. Diffuse Alopecia Areata. In: Alopecia Areata. Springer International Publishing; c2018. p. 9-11. DOI: 10.1007/978-3-319-72134-7_2. ISBN 9783319721330.
13. Khan P, Beigi M. Alopecia Areata. Springer International Publishing; c2018. p. 39-54. DOI: 10.1007/978-3-319-72134-7_8. ISBN 9783319721330.

How to Cite This Article

Konar AK, Debnath D. A case report on ophiasis areata treated with homoeopathy. *International Journal of Homoeopathic Sciences*. 2024;8(3):37-39.

Creative Commons (CC) License

This is an open-access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.