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A case report on ophiasis areata treated with homoeopathy

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Abstract

Alopecia is excessive fall of hair or loss of hair in bunches from a particular area of head or beard. Hair loss is the commonest problem affecting every other person around us. It's typical to lose between 50 and 100 hairs a day, according to the American Academy of Dermatology (AAD). With about 100,000 hairs on your head, that small loss isn't noticeable. New hair normally replaces the lost hair, but this doesn't always happen. Though It's more prevalent in older ages but anyone can experienced it even children. People talks about it but they do not know how to tackle with it.

This is a Case report of 12 yrs old girl presented with patch loss of hair on the parietal region of scalp. The size of patch is increasing with time. According to clinical manifestation and pattern of hair loss, it was diagnosed as a case of Ophiasis areata. In the beginning Patient noticed hair fall while combing since 5-6 months. Loss of hair started from a small spot and then it is increasing in size. Prescription was done on the basis of case taking totality of symptoms and repertorisation through Kent repertory total addition method.

Abbreviations: OD-once a day

Keywords: Alopecia, Ophiasis areata, Homoeopathy, Repertory

Introduction

Ophiasis is a form of alopecia areata characterized by the loss of hair in the shape of a wave at the circumference of the head.

It gets its name from Greek ὄφις *ophis* 'snake' because of the apparent similarity to a snake-shape and the pattern of hair loss.

The term "sisaipho" is used to characterize the inverse pattern. Sisaipho is, almost, the reverse spelling of ophiasis. It is also called "ophiasis inversus".

This form of hair loss "...Targets the body's own hair follicles, resulting in hair loss..." and although the immune system could be attacking hair follicle melanocytes, dermal papilla cells, and keratinocytes", the foundational cause of this disease is yet to be confirmed.

Pattern of hair loss

This is one among many types of patterns of hair loss, "in which they have band-link hair loss across the occiput. Hair loss can take the form of patches of hair being removed and there can also be spontaneous regrowth as well.

Types

Alopecia areata totalis means none've lost all the hair on your head.

Alopecia areata universalis is the loss of hair over entire body

Diffuse alopecia areata is a sudden thinning of one's hair rather than lost patches.

Ophiasis alopecia areata causes hair loss in a band shape around the sides and back of one's head.

Causes

It is an autoimmune disease Hereditary Trigger Factor-Bacteria, virus and fungi Medication

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Present Complaints

A patient of 12 yrs old girl presented with patch loss of hair on the parietal region of scalp on 12/06/23 The size of patch is increasing with time She has a tendency to catch cold easily

History of present complaints

Patient noticed hair fall while combing since 5-6 months .loss of hair started from a small spot and then it is increasing in size.

Past illness

Chicken pox at the age of 5 yrs.

Family History

Grandfather (Maternal)-Cancer Grandfather (Paternal)-Cancer

Generalities

Thermal relation: Chilly

Desire: Meat, salt, Cold Milk, cold food++, cold drinks

remain in winter season, spicy food, fruits

Tongue-Clean

Aversion-Hot Milk, Sweet

Appetite-Excessive, knows not for what

Thirst-Profuse

Stool-Offensive, hard **Urine**-Clear

Perspiration-Profuse on palm and sole, head **Sleep-S**ound

Position of side-Prefers lying on the right side

Dream-Animal

Nail-White spots on nail

Mind

Intelligent
Fear of thunderstorm
Anger+
desire company
Aversion to darkness
Desire for open air

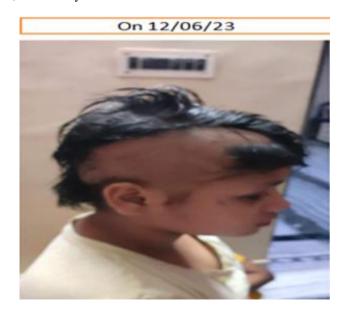
Repertorisation

Skin-Hair--Falls out
Mind-ideas abundant, clearness of mind
Stomach, appetite, capricious
Perspiration-profuse
Stool-odor-offensive
Stomach-Desire-meat
Stomach-desire-milk-Cold
Generalities-cold tendency-to take

Repertorial Analysis

← Repertorisation				東	🗅
Symptoms: 7 Remedies: 212	Applied Fill	ter			10
Remedy Name	Tub	Phos	Bry	Graph	Sulph
Totality / Symptom Covered	13/6	12/6	11/4	9/5	9/5
Kent] [Skin]Hair :Falls out (see regions): (16)		,		2	1
[Kent] [Mind]Ideas:Abundant, clearness of mind: (89)	2	3	2	1	2
Kent] [Stomach]Appetite:Capricious (hunger,but knows not for what, or refuses t	2	2	3		
Kent] [Stool]Odour:Offensive: (135)	3	2	3	3	3

Prescription: Tuberculinum 200, OD x 1 day.



Follow up

2nd visit

Date: 14/07/2023, Hair falling is diminished and new hair

start growing.

Medicine prescribe: Placebo 200, OD x 7 days

3rd Visit

Date: 16/09/2023, hair growing is not improving much

Medicine prescribe: Carcinosin 200, OD x 1 day



4th visit

Date: 1/11/2023, hair grows on the parietal and frontal region

Medicine given: Placebo 200, OD x 7 days



5th Visit Date - 2/12/23, hair grows left on the vertex region

Medicine given-Phosphorus 0/1, OD x 1 day

Conclusion

Selection of remedy is done according to the symptom similarity ,basis on the principle of homoeopathy , and it proved to be effective in case of alopecia areata and showed good improvement.

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